



f.i.t.



f.ind i.nspiration t.oday



**DESTROY ANY CHALLENGE...** *in Ten Pages*

[www.findinspirationtoday.com](http://www.findinspirationtoday.com)

By Mike Weaver



## Introduction

Well, hello and welcome! I'm [Mike Weaver](#), the creator and writer of the blog [f.ind i.nspiration t.oday](#).

In life, we are presented with challenges of every kind. Personal, professional, family, friends, dreams, desires, passions, weird stuff, you name it... We get it all through the course of our lives.

How we navigate through problems and challenges define who we are and where we go with our lives. It's rather simple. And it can be great fun – an easy *choice* that is up to you to make!



**The pessimist sees difficulty in every opportunity. The optimist sees the opportunity in every difficulty.**



In these quick ten pages, I will share with you how you can navigate your way through ANY challenge you face, large or small.



## Begin with Perspective

When challenged. When faced with a problem we deem significant, important, or daunting – the juices start flowing. We’re excited, but we wonder if we can do it. We’re worried, and we wonder if we can make it happen. Natural tendencies allow our mindset to fall into a short-term emotional frenzy. *Perspective can fix this.*

### Everything in life is temporary.

Including life itself! But seriously, whether it be a big “important” presentation at your job, a midterm paper, or gaining confidence for a big first date – it’s all soon going to be over. To gain perspective, this simple realization *will* give you a great push towards achievement.

### The big picture.

Once you settle into your challenge, you’ve realized that it’s just temporary – it’s not going to last forever - you can begin to take in and understand how your challenge fits into the big picture of life.



.....

*Gaining perspective has the power to change everything for you.*

We get 365 days in a year and 24 hours in every day. Not that you didn’t know that. But some of these challenges we face take some time. Patience is necessary. Get familiar with your big picture.



**Find yourself a friend that wants to help.**

You may not know this person, and probably don't. But you sure can find this person and get to know them.

Get resourceful. Never before have we had so much access to information and ability to find people and connect with them. There is no better way to gain insight and knowledge than from someone who has walked the walk before.

“

*There's nothing more dangerous than a resourceful idiot.*

Great quote. Because it goes to show that you make anything happen if you decide to get resourceful.

By reaching out to an expert or a mentor, you are taking yourself out of your comfort zone. You want to learn. You're trying to figure it out. You're showing belief in your ability to achieve and conviction in what you have set out to accomplish. And you won't believe how willing just about any accomplished person is to help. *They want to help because they've been in your shoes before*, they know what it feels like – and it also strokes their ego a bit.

Once you find that person – make sure they know how appreciative you are – because the relationship could prove to be invaluable.



## The 10 Essentials

Let's say you know that you want to earn an adequate income from a start-up business - a perfect example. You've got this challenge staring you straight in the eyeballs. You don't know the first thing about the first step to take.

First, gain some perspective. Understand that it's no biggie, it's been done before, and getting this business going is a temporary process. You just have to DO IT. Here are some steps to help you do just that.

1. Begin Determined.
2. Know you.
3. Brainstorm.
4. Think big. Think bigger.
5. Do your research.
6. Align resources.
7. Commit to taking action.
8. Learn simplicity.
9. Refocus often.
10. Have fun.



**It's your life, so why not  
be intentional about it?**

.....



.....  
**The only real possession you'll  
have in life is your character.**

## The 10 Essentials...

### **Begin Determined.**

If you're going to achieve anything great, your passion and belief WILL undoubtedly fuel your success.

### **Know You.**

Do it your way, by your beliefs, on your terms.

### **Brainstorm.**

Spend time on thinking through your challenge. Take notes and make sure you are confident in your directives post-brainstorm.

### **Think Big. Think Bigger.**

It's not easy for some to think outside of the box. As you brainstorm, you may have to tear down fences to have a mental breakthrough.

### **Do Your Research.**

This goes back to being determined. This will lead you down a path of aggressive learning. Know what you are doing. This leads to confidence.



**It's your life, so why not  
be intentional about it?  
It's worth saying more  
than once!**

.....

**Align Resources.**

Experts that want to share knowledge are everywhere – online, in your community, etc. Be yourself, and seek out easy-to-find resources.

**Commit to Taking Action.**

Action creates your path. It's that simple. You learn and progress as you go. Without constant action, you're not getting anywhere!

**Learn Simplicity.**

Be deliberate and forthright, but eliminate stresses and headaches by being organized and keeping things as simple as possible.

**Refocus Often.**

A weekly status review should be enough for you to adjust as you move closer to overcoming or conquering your challenge.

**HAVE FUN.**

Seriously. *Anything in life can be made enjoyable* - if you choose to make it so. Being positive, open-minded, and humble are great steps to ensuring that you have a great time pursuing your dream, beating the odds, or overcoming the challenge you have in front of you.



*MISTAKES ARE  
THE USUAL  
BRIDGE BETWEEN  
INEXPERIENCE  
AND WISDOM.*

.....

## Speed bumps are good!

Simply put – you cannot allow little speed bumps to turn into road blocks if you want to get anywhere, or tackle anything remotely challenging.

**Learn to love a good speed bump. Getting over a few will give you serious momentum.**

Solving problems are little challenges that we do all day long. You may not always realize it, but you are doing it. It's the daunting tasks that are somehow mentally taxing without you even doing a thing or taking a single action – that seem to escape us.

**Let the momentum build.** Get yourself on a roll. When you know where you want to go, but aren't 100% sure how to get there, there's going to be issues. Plain and simple. But that's where it's on YOU to develop some resiliency, muster up the energy, drum up the resourcefulness you never knew you had, and plow your way through a couple of these speed bumps.

Get through a few and do a little reflecting on where you were when you started. That's going to show progress and indicate momentum in your favor. Latching on to that momentum will then get fun!



## Inspiration. Get it. You need it.

I love to be inspired. You do too.

Because it's energy and creativity. It's an energy boost that is unique in every person and can make an enormous difference in your life, your job, or whatever your challenge might be.

The beauty of inspiration is that every thing, person, place, etc. is fair game. You do what works for you, and you can get inspired in endless ways.

Inspiration gives me great energy – and it will do the same for you. Flat out, great energy is the catalyst that can not only get things done, but can take you above and beyond for an outcome that transcends expectations.

“

.....  
*We often discover what will do, by finding out what will not do;  
and probably he who never made a mistake never made a discovery.*



## Find your hot spot. Find your zone.

You've gained some perspective, you know where you are going, you've got some ideas on how you can get there – now it's time to make some things happen.

For whatever reason, when I really need to buckle down (which is usually with the laptop) I can really zone in if I hit up a coffee shop. Could be the caffeine! But it really works for me.

Where do you do your best, most efficient work? It has helped me to develop a working routine and get in a zone where I know I will get accomplished what I set out to do.



*Life is denied by lack of attention, whether it be cleaning windows or writing a masterpiece.*



### **Nothing will happen if you neglect it.**

Another great quote above – it's very true. The nature of your challenge aside, if you don't give it your attention – how can you expect to conquer the challenge?!

You can't. You knew that.



f.i.t.



## ABOUT THE AUTHOR

I'm a regular dude that enjoys the little things in life that have the power and capacity to evoke emotion and great things.

That is why, after getting laid off in 2009, I decided that starting a blog based upon inspiration, perspective, and self-improvement was the right thing to do.

### Contact Me.

Email: [Mike@findinspirationtoday.com](mailto:Mike@findinspirationtoday.com)

Twitter: [@MikePweaver](https://twitter.com/MikePweaver)

### SHARE THIS.

Pass along a [copy](#) of this guy to others!

### SUBSCRIBE.

[Sign up to receive free updates](#) and future ebooks like this one!

### Copyright Info

The copyright of this work belongs to the author, who is solely responsible for the content. This work is licensed under the Creative Commons Attribution-NonCommercial- NoDerivs License. To view a copy of this license, visit Creative Commons or send a letter to Creative Commons, 559 Nathan Abbott Way, Stanford, California 94305, USA.